1.Course Name:
health psychology

2.Course Code:
WNR-42-02

3.Semester / Year:
Fourth Stage \ second semester

4.Description Preparation Date:
15\1\2025

5.Available Attendance Forms:
Full time

6.Number of Credit Hours (Total) / Number of Units (Total)
/ Total (30) hours per 15 Week. 2hours per week

7.Course administrator's name (mention all, if more than one name)
Name: Hadeel sahib ali Email: hadeel saheeb@uowa.edu.iq

8.Course Objectives

At the end of this course the students will able to:

Identify basic needs age-related needs and concerns.

Identify communication techniques for dealing with children, adolescents and the elderly.

Use the nursing process to deal with health problems.

Focus on the preventive aspects of mental health care.

Demonstrate responsibility in dealing with the community and mentally disturbed patients.

Commitment to ethical standards in dealing with mentally ill patients and the community.

9.Teaching and Learning Strategies

Strategy	1. Lectures 2. Group Discussion

		3. Brain storming.			

10.Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2T	Identify introduction of health psychology	introduction of health psychology	-Lectures - Discussio -Brain storming.	Quizzes, students' participation in the lecture,
2	2T	Learn the Stress and stress management	Stress and str management	- Lectures -Discussio -Brain storming.	Quizzes, students' participation in the lecture,
3	2T	Identify The Emotions	Learn The human Emotions	- Lectures -Discussio -Brain storming.	Quizzes, students' participation in the lecture, .
4	2T	Learn the memory and forgetti	Identify memory and forgetting.	-- Lectures -Discussio -Brain storming	Quizzes, students' participation in the lecture
5	**Mid-term exam. No 1**				
6	2T	Learn the Motivations.	Identify the Motivatio	Lectures -Discussio -Brain storming	Quizzes, students' participation in the lecture,
7	2T	Understand the basic concepts o thinking	Identify thinking	Lectures -Discussio -Brain storming	Quizzes, students' participation in the lecture, .
8	2T	Understand the personality	Identify the personalit	- Lectures -Discussio -Brain storming	Quizzes, students' participation in the lecture,
9	2T	Understand the Psychology and Attention	Identify Psychology a Attention	- Lectures -Discussio -Brain storming	Quizzes, students' participation in the lecture.
10	Mid-term exam. No 2				

11	2T	Understand Psychology and Perception	Identify Psychology and Perception	Lectures -Discussio -Brain storming	Quizzes, students' participation in the lecture.

11.Course Evaluation

Evaluation: Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc				Score standard
Formative		**Summative**		-Excellent (90-100) -Very Good (80-less than 90) -Good (70-less than 80) -Fair (60-less than 70) -Acceptable (50-less than 60) - Fail (less than 50)
Scores	**Evaluation methods**	**Scores**	**Evaluation methods**	
5%	Daily Quizzes	20%	First-Mid-term theoretical exam	
5%	Participation	70%	Final theoretical exam	
10%		90%		

12.Learning and Teaching Resources

1-Shives, Louise Rebraca; Basic Concepts of Psvchiatric-Mental Health

Nursing,6th Edition
2-Lippincott Williams & Wilkins 2fi)5
3-Sadock, Benjamin James; Sadock, Virginia Alcott: Kaplan &
Sadock's S1'nopsis of Psychiatry: Behavioral Sciences/Clinical
Psychiatry, l0th Edition.
4- Lippincott Williams & Wilkins 2007
5-Frank J. Bruno; Psychologl' A Self-Teaching Guide 2002u1-
6-Huffman, Karenl Psvchologl.in action, Tth ed., John Wilcr,& Sons,
Inc,2004